

The terrible death of George Floyd does not diminish the horror at the lawlessness that we have seen in many of our nation's cities. As, Americans, we are proud that people can march and speak their minds on various issues. The right of free speech is a hallmark of our society. But, burning buildings, smashing windows, overturning cars, rock throwing & fire bombings are abhorrent acts, which leaves us wondering if we have descended into lawlessness. Perhaps, some of this mob actions is brought on by the long isolation of the virus, but that is no excuse. Before dying, Congressman John Lewis wrote "Rioting, looting, and burning are not the way. Organize. Demonstrate. Sit-in. Stand-up. Vote. Be constructive, not destructive. - non-violent, peaceful protest is the way".

Due to the COVID, we have had to shelter in place, then things limitedly opened up for a while and now we are back to sheltering in place. No doubt, each of us has our own experience of what this has been like, and I am sure our emotions vary from day to day. We worry about ourselves and our loved ones, who might become infected.

There are certainly very serious financial concerns for many.

And, there is just that anxious sense of not knowing when life will, if ever, get back to normal.

During this national shutdown, many are at their computers or on the phone as they work at home, others have lost their jobs, children on their computer screens doing their school work or occasionally slipping in game time or a chat with a friend.

As human beings we all hunger to be connected. Still, it is a rather uncommon experience with all the activities that many of us are involved in, for many to eat a regular meal, at the same time, each day, with every person being at home. This could be one of the few blessings of this pandemic. It was said that the family that prays together, stays together, but never underestimate the power of the meal for bonding us to one another. During these days when life seems hard, then very definitely look for causes for thankfulness. For man proves his greatness by his power to see causes for thankfulness in his life.